**Turkey Noodle Soup**

**Produce**

garlic (if needed)

1 yellow onion

1 head red or green leaf lettuce

1 cucumber

celery (if needed)

1 large carrot   
  
1 pint cherry tomatoes

**Canned/Dried Foods**

8 oz. fresh fettuccini noodles or 1 package dry, flat egg noodles

two 32 oz. broth turkey broth (as needed if eating meat)

two 32 oz. boxes low sodium vegetable broth (if eating meatless)

1 package Not-Chick'n bouillon cubes (if eating oplant-based)

bay leaf (if needed)

white wine to cook with (if needed)

**Frozen Foods**

frozen peas (if needed)

Plant-based Chik’n Strips of choice (if eating plant-based)

**Meat/Fish/Poultry**

Using meat from cooked Thanksgiving turkey (if you didn't cook a turkey try the meatless version)

**Chilled Foods/Dairy**

eggs (if needed)

**Additional Items**

1 loaf Artisan bread of 8 artisan whole-grain rolls