**Sausage and Potatoes with Buttered Lemon Broccoli**

**Produce**

1 yellow onion(if needed)

fresh Rosemary

12 oz. broccoli

2 red potatoes (about 6 oz. total weight)

1 lemon

1 fresh apple

**Canned/Dried Foods**

one 15 oz. can no salt tomato sauce

one 15 oz. can regular tomato sauce

ground smoky paprika (if needed)

dried basil leaves (if needed)

dried oregano leaves (if needed)

red wine to cook with(if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

2 Italian turkey sausages(if eating meat)

**Chilled Foods/Dairy**

Butter (if needed)

1 Field Roast Apple Sausage or 1 Beyond Meat Italian Sausage (if eating plant-based)