**Pasta Prima Vera Aglio e Olio**

**Produce**

1 head garlic

one bunch green onions

red or green leaf lettuce (if needed)

cucumber (if needed)  
  
10 medium cremini mushrooms

cherry tomatoes(if needed)

**Canned/Dried Foods**

penne pasta of choice

good olive oil (if needed)

red pepper flakes(if needed)

**Frozen Foods**

frozen peas (if needed)

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

shredded Parmesan (if needed)