**Lacinato Kale with Egg and Roasted Potato Rounds**

**Produce**

garlic *(if needed)*

onion *(if needed)*

one bunch Lacinato kale

2-3 medium red potatoes

2 kiwis

**Canned/Dried Foods**

low-sodium vegetable broth *(if needed)*

low-sodium soy sauce *(if needed)*

balsamic vinegar *(if needed)*

olive oil *(if needed)*

**Frozen Foods**

None today

**Meat/Fish/Poultry**

None today

**Chilled Foods/Dairy**

smoky tempeh *(if needed)*

eggs *(if needed)*