**Butternut Squash Soup**

**Produce**

one large yellow onion

1 head red or green leaf lettuce

one bunch fresh cilantro

1 cucumber

one head celery

one butternut squash (about 2-3 lbs.)

1 pint cherry tomatoes

1 lime

**Canned/Dried Foods**

two 32 oz. boxes low-sodium vegetable broth

canola oil(if needed)

yellow curry powder (if needed)

whole bay leaf (if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/ Dairy**

plain, nonfat yogurt (if needed)

**Additional Items**

8 whole-grain rolls or a loaf of Artisan bread