**Salmon Rice Bowl**

**Produce**

red or green leaf lettuce (if needed)

Napa cabbage (if needed)

Fresh basil or cilantro leaves (if needed)

1 cucumber (if needed)

cherry tomatoes (if needed)

2 large black or purple plums

1 piece ginger root

**Canned/Dried Foods**

low sodium veggie broth (if needed)

sesame oil (if needed)

low sodium soy sauce (if needed)

balsamic vinegar (if needed)

rice wine vinegar (if needed)

Dijon mustard (if needed)

Asian garlic pepper sauce (if needed)

**Frozen Foods**

frozen peas (if needed)

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

1 C. leftover cooked rice (fridge at home)

6-8 oz. leftover cooked salmon (fridge at home)