**Gazpacho and Salad**

**Produce**

garlic (if needed)

1 medium red onion

red leaf lettuce (if needed)

1 cucumber (if needed)

1 bunch basil leaves

1 red bell pepper

1 Anaheim pepper

1 Jalapeno pepper

cherry tomatoes (if needed)

5 large, ripe tomatoes

1 lime

**Canned/Dried Foods**

one 15 oz. can garbanzo beans

one 32 oz. box low-sodium vegetable broth (if needed)OR1 box Not Chick'n Bouillon Cubes (if needed)

apple cider vinegar (if needed)

extra virgin olive oil (if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**