**Fish Tacos with Caramelized Onion Sauce**

**Produce**

Garlic (if needed)

1 sweet onion

red leaf lettuce (if needed)

fresh cilantro leaves

Napa cabbage  (if needed)

1 Anaheim pepper

1 jalapeno pepper

1 green bell pepper (if needed)

1 red bell pepper (if needed)

2 limes

2 kiwis

**Canned/Dried Foods**

one - 15 oz. - can no-salt chopped tomatoes

low sodium veggie broth (if needed)

sesame oil (if needed)

low sodium soy sauce (if needed)

rice wine vinegar (if needed)

Asian garlic pepper sauce (if needed)

chili powder (if needed)

**Meat/Fish/Poultry**

1 leftover grilled fillet (if fridge at home)

**Chilled Foods/Dairy**

plain, nonfat yogurt  
  
extra-sharp cheddar cheese *(if needed)*  
  
6” corn tortillas