**Sunday Festive Enchiladas**

**Produce**

garlic (if needed)

1 yellow onion

1 head leaf lettuce

1 bunch fresh cilantro

1 bunch (4 oz.) fresh basil

1 cucumber

2 jalapeno peppers

2 Anaheim peppers

1 red bell pepper

1 green bell pepper

one 8 inch zucchini

1 medium garnet yam

3 ripe avocados

1 pint cherry tomatoes

4 limes

1 mango

**Canned/Dried Foods**

one 32 oz. box low sodium veggie broth (if needed)

one 15 oz. can no-salt diced tomatoes

extra-virgin olive oil (if needed)

hickory smoke flavor (if needed)

**Frozen Foods and Meat/Fish and Poultry**

**Chilled Foods/Dairy**

7-8 large low or nonfat whole-wheat flour tortillas

low fat or vegan mayonnaise (if needed)

3 oz. extra-sharp cheddar cheese