**Falafel Rice Bowl**

**Produce**

red or green leaf lettuce (if needed)

cabbage *(if needed)*

cherry tomatoes *(if needed)*

1 cucumber (if needed)

Leftover cooked broccoli (if needed or if available)

2 ripe purple plums or fruit of choice

**Canned/Dried Foods**

Frozen peas *(if needed)*

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

6-8 Leftover falafel pieces