**Chef’s Salad with Marinated Sweet Potato**

**Produce**

garlic(if needed)

sweet onion (if needed)

1 head red or green leaf lettuce   
  
fresh basil leaves *(if needed)*

1 cucumber

red bell pepper (if needed)

green bell pepper (if needed)

1 sweet potato or yam

1 pint cherry tomatoes *(if needed)*

**One orange**

**Canned/Dried Foods**

good olive oil(if needed)

rice wine vinegar(if needed)

Dijon mustard(if needed)

**Frozen Foods**

None today

**Meat/Fish/Poultry**

None today

**Chilled Foods/Dairy**

Plain, nonfat yogurt *(if needed)*eggs (if needed)

**veggie bacon or veggie ham of choice**

**Additional Items**

good ww bread (if needed)