**Baby Bok Choy Stir Fry with Peanut Sauce**

**Produce**

garlic (if needed)

1 medium yellow onion

1 bunch fresh basil leaves

1 Napa Cabbage

2 bunches baby bok choy

1 red bell pepper

9 oz. bag sliced crimini or white mushrooms

1 lime

**Canned/Dried Foods**

basmati or brown rice(if needed)  
  
wild rice (if needed)

one 32 oz. box low-sodium vegetable broth

sesame oil (if needed)

low-sodium soy sauce (if needed)

rice wine vinegar (if needed)

Asian garlic chili sauce (if needed)

crunchy peanut butter(if needed)

coconut extract(if needed)

white wine to cook with(if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

nonfat milk (if needed)

16 oz. extra firm tofu