**Black Bean Polenta, Cod Hoisin Sauce Arugula**

**Produce**

garlic *(if needed)*

1  fennel bulb

one 6 oz. bag arugula

**Canned/Dried Foods**

low-sodium veggie broth (if needed)

smooth peanut butter (if needed)

brown sugar (if needed)

honey (if needed)

low-sodium soy sauce(if needed)

white wine to cook with (if needed)

**Frozen Foods:**

None tonight

**Meat/Fish/Poultry**

8 oz. fresh cod fillets

**Chilled Foods/Dairy**

Leftover Black Bean Polenta